

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Shpresa Programme	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Newham	
Contact person: Ms Luljeta Nuzi	Position: Project Director
Website: http://www.shpresaprogramme.com	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1110688
When was your organisation established? 20/11/2002	

Grant Request

Under which of City Bridge Trust's programmes are you applying? English for Speakers of Other Languages
Which of the programme outcome(s) does your application aim to achieve? More people accessing mainstream services More people participating in the wider community
Please describe the purpose of your funding request in one sentence. Providing ESOL training to very vulnerable women from refugee and migrant communities in London.
When will the funding be required? 17/09/2018
How much funding are you requesting? Year 1: £20,694 Year 2: £21,107 Year 3: £21,874 Total: £63,675

Aims of your organisation:

Shpresa Programme is a user-led organisation whose mission is to promote the participation and contribution of the Albanian-speaking community and other refugee and migrant groups in London and the rest of the UK, enabling them to play a positive and active rôle in society.

We want the Albanian speaking community and the other communities we work with to feel more confident, to vote, to play an active role in their neighbourhoods, to take care of their environment, to be less isolated and to have the opportunity to thrive using all their skills and talents.

Our vision is a world in which the Albanian speaking community is able to work with other refugee and migrant communities to share our learning and develop communities where everyone can use universal services, find work, feel socially included and make a positive contribution to the neighborhoods in which they live.

Main activities of your organisation:

The main activities of our organisation are:

- Promoting the health/well-being of Albanian speaking women, tackling depression, isolation and social/economic exclusion
- Providing support to women from refugee and migrant communities who are experiencing domestic abuse
- Providing English teaching free of charge to people from refugee and migrant communities
- Developing young people's confidence/self esteem through sports, drama and dance
- Running a successful Supplementary School Project (11 schools) for Albanian speaking children
- Providing volunteering opportunities/training/support to employment (including ESOL training)
- Sharing our evaluated model of working with schools to improve outcomes for children by mentoring seven other refugee and migrant communities across London
- Developing a dedicated services for unaccompanied asylum seeking children to address risk, isolation and low aspirations.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	6	6	46

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	10 years

Summary of grant request

At Shpresa Programme we run ESOL classes for refugee and migrant communities locally. However, we know that there are some beneficiaries who are not being reached effectively; including the women who access our domestic violence support service - a service made possible through funding from the City Bridge Trust. These women are very isolated, are often not allowed out of their homes otherwise, and suffer chronic low confidence and self-esteem.

Three classes of 2 hours each will be delivered weekly on Tuesdays and Thursdays at our premises in Newham. The teachers all have, as well as relevant qualifications, extensive experience of teaching ESOL classes to vulnerable people from refugee and migrant communities and are aware of the needs of the people we work with. As well as classroom based learning, learners will be encouraged and supported to access mainstream services and try out volunteering in the community as part of the course.

The aim of this project is to improve the English speaking skills of 120 vulnerable and isolated women (40 per year), and by doing so better integrate them into the wider community, and enable them to access more mainstream services. The project also aims to increase the confidence and self-esteem of the women, improving their life chances in the longer term.

Shpresa has over 12 years' experience of working with refugee and migrant communities in London; during this time we have worked with some of the most vulnerable and hard-to-reach groups. Teaching English has always been a big part of our work as it supports our organisational aims of increasing our beneficiaries' engagement with their wider community and enabling them to be more independent. The women we work with are vulnerable, have abusive home lives and very limited English, so are not able to access mainstream ESOL provision.

Accessing mainstream services: our project aims to improve the women's level of English, and thus increase their confidence, to the point where they will be able to access services that they currently cannot, e.g: libraries, leisure activities and colleges.

Participating in the wider community: by increasing the women's English language skills, confidence and self-esteem, we aim to increase their community participation. Many of our service users go on to become volunteers with us and eventually get jobs, thanks to Shpresa's inclusive support and coaching.

We regularly consult our service users about our services and their comments and suggestions are always taken into account and acted on where possible. The project director and most staff are members of the community we serve and many are former service users.

Although our service was set up to support Albanian refugees, asylum seekers and migrants, our services are for people from any refugee/ migrant background, and we value the cultural input they bring: currently, our service users include people from Somali, Albanian, Romanian and other Eastern European backgrounds.

We are humbled by the amazing contribution our volunteers bring to the service, and make sure that they know they are valued, and that their opinions matter to us. We are proud of our strong track record of former service users becoming volunteers and/or staff members.

Steps we take to reduce our carbon footprint are: reusing paper for internal documents, printing double-sided where appropriate; switching off our computers, lighting and heating when not in use; ensuring that our services are local to service users and accessible by public transport or by foot; keeping our lights on a minimal setting if possible.

We have also identified the following actions points re-our carbon footprint: increasing our level of recycling and buying recycled goods wherever possible (e.g. paper towels).

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We have been awarded the NRCSE (National Resource Centre for Supplementary Education) Special Distinction Award for our Supplementary Schools work (there

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

120 ESOL classes for women from refugee/migrant communities who are victims of domestic violence (weekly classes, 40 weeks per year over 3 years)

15 excursions (5 per year over 3 years) to introduce women to mainstream services e.g. using public transport, using the libraries

15 excursions (5 per year over 3 years) to accompany women to community activities e.g. going to coffee mornings, going to public events

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

120 women from refugee/migrant communities who are victims of domestic abuse will have increased confidence and self esteem

120 women from refugee/migrant communities who are victims of domestic abuse will have improved levels of English speaking, listening, reading, writing and comprehension

The local community in Newham, Redbridge, and Barking & Dagenham and Enfield will be enriched by the contribution that these women are able to make

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes - we have a strong track record of gaining grant funding, and we intend to continue applying for grants in the future. Our funding strategy also includes gradually raising the amount of income gained by rent, training and consultancy and other income generating activities, with the aim of becoming more financially self-sufficient in the future.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

40

In which Greater London borough(s) or areas of London will your beneficiaries live?

Newham (20%)

Barking & Dagenham (20%)

Redbridge (20%)

Several NW London (40%)

What age group(s) will benefit?

16-24

25-44

45-64

What gender will beneficiaries be?

Female

What will the ethnic grouping(s) of the beneficiaries be?

Other ethnic group (including Arab)

If Other ethnic group, please give details: **Albanian speakers**

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

Revised

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff costs - salary, pension, ENI, training, travel	17,319	17,665	18,019	53,003
Management costs	1,175	1,197	1,222	3,596
Teaching resources	1,120	1,142	1,165	3,428
Publicity/promotion	40	41	42	123
Access to services visits	720	734	749	2,203
Volunteering support	600	612	624	1,836
Evaluation	300	306	624	1,230
Contribution towards overheads	1,881	1,918	1,989	5,788
	0	0	0	0
TOTAL:	23,155	23,617	24,435	71,207

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	36,830
Activities for generating funds	40,828
Investment income	0
Income from charitable activities	295,811
Other sources	13
Total Income:	373,482

Expenditure:	£
Charitable activities	283,802
Governance costs	1,381
Cost of generating funds	0
Other	0
Total Expenditure:	285,184
Net (deficit)/surplus:	88,299
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	88,299 <i>dm</i>

Asset position at year end	£
Fixed assets	740
Investments	0
Net current assets	173,049
Long-term liabilities	0
*Total Assets (A):	173,789

Reserves at year end	£
Restricted funds	133,921
Endowment Funds	0
Unrestricted funds	39,868
*Total Reserves (B):	173,789

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
11-20%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:
None

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	11,611	11,611	11,611
London Councils	12,265	13,410	18,358
Health Authorities	0	3,660	0
Central Government departments	8,881	18,001	18,451
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Paul Hamlyn Foundation	36,245	78,776	74,146
Big Lottery	34,805	36,849	36,924
Henry Smith	0	0	27,500
Tudor	0	0	25,000
BBC Children in Need	0	23,265	23,949

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Luljeta Nuzi**

Role within **Project Director**
Organisation: